

BECOME SUICIDE ALERT



Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

**This three-hour training
can help you make a difference.**

Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided—leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (*Tell, Ask, Listen and KeepSafe*) to identify and engage people with thoughts of suicide and to connect them with further help and care.

Who should attend safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth*, teachers, law enforcement, ... anyone who wants to help prevent suicide.

How can I get safeTALK training?

To register for a safeTALK training in your area, or to find out how you can bring a safeTALK trainer to your workplace or community contact rachel.gertz@livingworks.net

safeTALK is brief, affordable and internationally recognized.

Turn this page over to learn how you can become a safeTALK trainer.

**safeTALK is for anyone age 15 and older. Younger persons may attend with the consent of parents or guardian.*

Contact information:

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